

## Welcome to our April Newsletter

What a great beginning to the year! We are delighted to see the funds coming in to support our 25K for 25 fundraiser. A heartfelt thank you to everyone who has contributed to our GoFundMe campaign, the total is increasing significantly.

We are delighted to announce that we have received a generous donation of £1,050.00 from Johnathan Walsh, who bravely completed a skydive to celebrate his 18th Birthday. Thank you so much John and everyone that sponsored him.

We extend our heartfelt gratitude to the family and friends of Karl, a former guest of ours, who generously donated £455.00 in his honour from his funeral service. This thoughtful gesture has truly touched the project.

## A thank you goes out to ....

The Freemasons, The Earl Bathurst - £300.00.

Londis at Waterloo Collection Tin - £49.00

WI - Ampney Crusis - £70.00 for inviting us to deliver a presentation about the project.

Honourable Co of Gloucestershire - £95.00.

A big thank you to The Hop Kettle for their ongoing support through the monthly Hop On The Bus events. With the generous 20% of bar sales and donations received from supporters during these gatherings, makes a big difference to us. A huge thank you goes out to all the bands and supporters who dedicate their time on the first Wednesday of each month, helping to ensure the success of these events.

To maintain and enhance our services, we genuinely need your support in raising funds to move us forward. Our 25K for 25 appeal aims to not only assist the homeless, offering interventions to prevent homelessness, but also to support the mental and wellbeing of all adults in our community and surrounding areas. Every £50 raised gives a subsidised counselling / coaching session to someone who may not have access to affordable support.

As a project, we are continually seeking new fundraising opportunities. If you have the time to organise a fundraising event or the skills to submit grant applications, please get in touch. We would love to hear from you  $\heartsuit$ .

## WHY WE DO WHAT WE DO.....

Making a positive impact on someone's life is meaningful to us, and we are truly passionate about it.

The feedback we've received from those that have engaged in our services has provided us with valuable insights into the benefits they've experienced. We truly cherish being a part of these experiences and are thankful to everyone who has entrusted us.

## All donations help us to continue offering our activities at the centre....

Art Sessions - Fridays 12.30pm - 2.30pm.

Anxiety Support Group - First Wednesday of the month from 2.30pm to 4pm.

**Tea & Catch Up -** Second Wednesday of the month from **2:30pm to 4.00pm**. Engage in conversations over a cuppa and take the opportunity to reconnect with others.

**One to One Coaching -** If you have a social event coming up which feels overwhelming, we can offer a one off, one to one coaching session to help regulate your nervous system, offering techniques to help keep you grounded, building up to the event.

**Personal Development Coaching -** Learn new ways to take control of how you think, feel and behave. Build Resilience so that you can cope better when life throws you a curve ball.

**Relationship Counselling -** Untangle the power struggle in your relationships and learn new ways to talk safely about difficult issues.

**One to One Counselling -** Please email centre@bigyellowbusproject.co.uk for additional information and express your interest in coaching or counselling.

**Charity Shop** - All donations make a difference to our shop in helping us fund our support services, so please keep them coming! Please feel free to come and visit and have a chat about how we can assist you.

For further information about our other services or to book a session please email **centre@bigyellowbusproject.co.uk** or give us a call on **01285 657818** we would love to hear from you.

Stay updated on our website and social media for fundraising events happening all year round. To donate to our project, visit <u>www.justgiving.com/BYBP</u>

Thank You

The Big Yellow Bus Project Team 💛

www.bigyellowbusproject.co.uk